



Androvite® For Men

Magnesium-emphasized Dietary Supplement

Androvite® is a multivitamin and multimineral supplement which provides a full array of essential vitamins and minerals, with an emphasis on magnesium.* Magnesium is involved in the body's homeostatic maintenance of blood pressure, heart rhythm, nerve and cellular function, and bone health.* Androvite® is intended for use as part of a total dietary program to provide proper nutrition for men.*

Key Features

- A magnesium-emphasized dietary supplement formulated to meet the nutritional needs of men in a stressful environment*
- Magnesium is the fourth most abundant mineral in the body and the second most abundant in muscles and other organs
- Enhanced with flavonoids, digestive enzymes, and betaine HCl to support optimal health and nutrient absorption*
- Original Dr. Abraham formulation



SKU #00401
180 tablets

Androvite® For Men

Magnesium is the fourth most abundant mineral in the body and the second most abundant in muscles and other organs. Only potassium levels are higher than magnesium in soft tissues (non-bone tissues). Magnesium deficiency can contribute to potassium loss from the cells and soft tissue. Potassium levels are difficult to restore unless magnesium levels are also adequate.

Adequate amount of magnesium is also required for the absorption and utilization of calcium, favoring the deposition of calcium in bone where it belongs and preventing deposition of calcium in the soft tissues and kidneys where it does not belong.*

Magnesium is required in adequate amounts for the normal activity of 300 enzymes, including those involved in the transfer of energy from foods to physical and mental activities.* It is a very important stabilizer of polynucleic acids, substances where genetic information is stored.*

Medical supervision during the use of Androvite® is highly recommended in order that you may be screened for medical problems, and to achieve the full benefits of the whole nutritional program.*

References:

- Huang CL, Kuo E. Mechanism of hypokalemia in magnesium deficiency. *J Am Soc Nephrol.* 2007 Oct;18(10):2649-52.
Rowe WJ. Correcting magnesium deficiencies may prolong life. *Clin Interv Aging.* 2012;7:51-4.
Rude RK. Magnesium metabolism and deficiency. *Endocrinol Metab Clin North Am.* 1993 Jun;22(2):377-95.

Supplement Facts

Serving Size 6 Tablets
Servings per Container 30

Amount per 6 Tablets	% Daily Value*
Vitamin A (as 5000 IU of Retinyl Palmitate and 20,000 IU of Beta-Carotene)	7500 mcgRAE 1111%
Vitamin C (as Ascorbic Acid)	1 g 1111%
Vitamin D3 (as 400 IU of Cholecalciferol)	10 mcg 50%
Vitamin E (as 400 IU of d-Alpha Tocopherol Succinate)	268 mg 1787%
Thiamin (as Thiamine Mononitrate)	50 mg 4167%
Riboflavin	50 mg 3846%
Niacin (as Niacinamide)	50 mgNE 313%
Vitamin B6 (as Pyridoxine HCl)	100 mg 5882%
Folate (as 400 mcg of Folic Acid)	400 mcgDFE 100%
Vitamin B12 (as Hydroxocobalamin)	125 mcg 5208%
Biotin	125 mcg 417%
Pantothenic Acid (as Calcium Pantothenate)	100 mg 2000%
Iron (as Amino Acid Chelate)	18 mg 100%
Iodine (as Hydrolyzed Protein Complex)	150 mcg 100%
Magnesium (as Magnesium Oxide)	500 mg 119%
Zinc (as Amino Acid Chelate)	50 mg 455%
Selenium (as Hydrolyzed Protein Complex)	200 mcg 364%
Copper (as Amino Acid Chelate)	2 mg 222%
Manganese (as Amino Acid Chelate)	10 mg 435%
Chromium (as Hydrolyzed Protein Complex)	200 mcg 571%
p-Aminobenzoic Acid (PABA)	25 mg †
Betaine HCl	100 mg †
Pancreatin 4X	75 mg †
Inositol	36 mg †
Hesperidin Complex	35 mg †
Rutin	25 mg †
Boron (Hydrolyzed Protein Complex)	3 mg †

† Daily Value (DV) not established

*Percent Daily Value are based on a 2000 calorie diet.

Other Ingredients: Micosolle® Blend (potassium hydroxide, silicon dioxide, magnesium sulfate heptahydrate, polysorbate 80, citric acid), cellulose and modified cellulose, silica, stearic acid, pharmaceutical glaze, magnesium stearate, natural flavor and annatto as natural source of color.

Suggested Use: The recommended usual use is 6 tablets of Androvite® daily, taken at one time with breakfast or divided into two amounts of 3 tablets each with a meal.

Warning: If taking any prescription drug, consult your doctor before use. Do not use for pernicious anemia. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or hospital.

Optimox®
Better Health Through Nutrition™

Distributed by: Allergy Research Group®